

Pitt County LGBTQ+ Affirming Mental Health Providers



**You
belong
here.**

Disclaimer

Disclaimer This resource list is for general information purposes only and is being provided for your convenience. The list is not intended to be a complete and exhaustive list of community and national resources. The list and information provided herein may not constitute the most up-to-date information. The list and information is provided "as is" and no representations are being made that the content is error-free. Please contact the provider for verification of payment accepted and any services offered. Pitt County SADD and ECU Health do not endorse or guarantee in any way the organizations or resources listed.

Crisis Numbers

Suicide

Text to chat: Text HOME to 741741

National Suicide Prevention Lifeline: 1-800-273-8255

National Suicide Prevention Lifeline:

www.suicidepreventionlifeline.org/chat/

Crisis Text Line: www.crisistextline.org

REAL Crisis: 252-758-4357

Mental Health and Substance Use

Mobile Crisis/Integrated Family Services: 1-866-437-1821

Integrated Family Services Crisis Chat:

www.integratedfamilyservices.net/crisis-chat-service

Trillium Crisis: 1-877-685-2415

NC Crisis Solutions: www.crisissolutionsnc.org

Domestic and Partner Violence

Center for Family Violence Prevention: 252-752-3811

| Facility Name | Providers at Facility | Ages Served Payment | Therapies/Services Offered |
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| ALYSSA SUGAR COUNSELING 710F Cromwell Dr. Greenville, NC 27858 252-558-9809 | -Alyssa Sugar, MS, LCMHC, LCAS | Ages 14-55+ Aetna Blue Cross State Cigna Medcost EAP Services | -Abuse -Adjustment Disorder -Anger Management -Assertiveness Training -Eating Disorders -Gender Identity Issues -Lifestyle Management/Wellness -Grief/Loss -OCD -PTSD -Marriage/Divorce -Self-Esteem Issues -Substance Use Disorder -Women's Issues |
| ANITA B. WRIGHT, PLLC 150 E. Fire Tower Rd., Suite A, Office-110 Winterville, NC 28590 252-360-0514 www.counselingteaandtherapypllc.com **LGBTQIAP+ **Safe Zone Trained | -Anita B. Wright, MSA, MAEd, LPC, LCMHC, NCC** | Ages 5-55+ Cigna Aetna/Aetna EAP Blue Cross | -Person-Centered Therapy -Grief Counseling -Comprehensive School-Based Therapy -Trauma-Informed Care -Motivational Interviewing -Reality Therapy Cognitive Behavioral Therapy -College and Career - Student Athletes -Psychoeducational Counseling and Consulting -Adoption, Fostering, and Aging Out -LGBTGEQIAP+ and Gender Affirming Care and Support -Grief and Bereavement -Depression and Anxiety -Trans Affirmative CBT |
| CAROLINA WOMEN'S PHYSICIANS 2414 Emerald Place Greenville, NC 27834 252-355-7805 www.carolinawomens.com **LGBTQIAP+ **Safe Zone Trained | -Jennifer Ferguson, MD** | Adolescents & Adults Aetna Blue Cross Cigna Well Care Humana MedCost Medicare United Healthcare | -Specialized services for sexually and gender diverse patients |

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| <p>EAST CAROLINA UNIVERSITY FAMILY THERAPY CLINIC 612 E 10th St. Greenville, NC 27858 252-737-1415 https://hhp.ecu.edu/hdfs/family-therapy-clinic **LGBTQIAP+ **Safe Zone Trained</p> | <p>-Multiple providers at this agency -Jennifer Hodgson, PhD, LMFT** -Angela Lamson, PhD**</p> | <p>All Ages Standardized Income-Based Fee</p> | <p>-Couple Therapy -Family Therapy Individual Therapy</p> |
| <p>EASTERN PSYCHIATRIC & BEHAVIORAL SPECIALISTS PLLC 1704 E Arlington BLVD. STE A Greenville, NC 27858-7828 252-756-4899</p> | <p>-Brienne Klinger, NP -Christy S. Robinson, LCSW - Donna Lee Roinson, LCSW -Hannah Desoto, LCSW -Heather D. Small, PMHNP -Joanne C. Decelles, NP -Kim Dixon, LCSW -Maroon Wright, MD -Matthew C. Christian, PA -Rebecca Crosier, LCSW -Robert L. Desoto, LCSW -Roger L. Crowe III, LCSWA -Valery Davis, LPA</p> | <p>Ages 4-55+ Blue Cross Health Choice Medcost Medicare Medicaid State Tricare United Hlthcare Other</p> | <p>-Adolescent Outpatient Program -Anger Management Therapy -Brief Strategic Family Therapy -Career/Vocational Counseling -Child-Parent Psychotherapy -Cognitive Behavioral Therapy -Crisis Management -Gender Identity Concerns -Outpatient Therapy -Peer Support -Play Therapy -Gender Identify</p> |
| <p>ECU ADULT & PEDIATRICS HEALTH CARE CLINIC 517 Moye Blvd Greenville, NC 27834 252-744-0766 (pediatric patients) 252-744-0750 (adult patients) https://ecuphysicians.ecu.edu/adult-pediatric **LGBTQIAP+ **Safe Zone Trained</p> | <p>-Dr. Colby Dendy**</p> | <p>All Ages Aetna Blue Cross Cigna Medcost Medicaid CMS Humana United Healthcare Well Care *see website</p> | <p>-Gender-affirming care, including hormone therapy</p> |

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| <p>ECU ADULT SPECIALTY CARE 2390 Hemby Lane Greenville, NC 27834 252-744-4500 http://www.ecu.edu/cs-dhs/im/InfectiousDiseases **LGBTQIAP+ **Safe Zone Trained</p> | <p>-Michelle Morphet, MS, LPC, LCAS, CCTP, CRC**</p> | <p>Ages 18+ Aetna Blue Cross Cigna Medcost Medicaid CMS Humana United Healthcare Well Care *see website</p> | <p>-Mental health and substance use clinical counseling</p> |
| <p>ECU FAMILY MEDICINE 101 Heart Drive Greenville, NC 27834 252-744-4611 www.ecu.edu/fammed **LGBTQIAP+ **Safe Zone Trained</p> | <p>-Chelley Alexander, MD -Justin Edwards, MD, FAAFP -Matthew Rushing, MD, M.Ed -Audy Grey Whitman, MD** -Brigid Hast Wilson, MD** -Erika S. Taylor, MS, LMFTA**</p> | <p>All Ages Aetna Blue Cross Cigna Medcost Medicaid CMS Humana United Healthcare Well Care *see website</p> | <p>-Gender affirming care, including hormone therapy -LGBTQIAP+ -Brief, short-term individual psychotherapy -Couples therapy -Family therapy within the context of a primary care setting</p> |
| <p>ECU PEDIATRIC SURGERY 600 Moye Blvd Greenville, NC 27834 252-744-2832 www.ecu.edu/cs-dhs/surgery **LGBTQIAP+ **Safe Zone Trained</p> | <p>-Dr. Danielle Walsh**</p> | <p>Ages birth-17 Aetna Blue Cross Cigna Medcost Medicaid CMS Humana United Healthcare Well Care *see website</p> | <p>-Surgical evaluation and treatment of neonates and children with ambiguous genitalia</p> |

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| <p>ECU PSYCHIATRIC OUTPATIENT CENTER 905 Johns Hopkins Dr. Greenville, NC 27834-2056 252-744-1406 https://www.ecu.edu/cs-dhs/psychiatry/outpatient.cfm **Bilingual Services **LGBTQIAP+ **Safe Zone Trained</p> | <p>-Monica Dhulia, LCSW, LCASA -Angela Merritt, RN -Jodie Messimer, RN -Charla Neville, LCSW - Matt Platania, LCSW -Monica Raynor, LCSW -Alicia Woods, LCSW -Brandon Kyle, PhD**</p> | <p>Ages 4-55+ Medicare Medicaid State/Tricare</p> | <p>-Anger Therapy -Child Psychiatry -Cognitive Behavioral Therapy -Cognitive/IQ Psychological Testing -Gero Psychiatry -Physician Services -Family Therapy -Group Therapy -Individual Therapy -Substance Abuse (Opioid Dependency) -Gender Identity Concerns -Trauma -Gender-affirming care and LGBTQIAP+</p> |
| <p>GREENVILLE WOMEN'S CARE 2251 Stantonsburg Rd Greenville, NC 27834 252-757-0952 https://www.greenvillewc.com/ **LGBTQIAP+ **Safe Zone Trained</p> | <p>-Dr. Kelly Haven**</p> | <p>Adolescents & Adults Aetna Blue Cross Cigna Well Care Humana MedCost Medicare United Healthcare</p> | <p>-Gender-affirming care, including hormone therapy -Full spectrum healthcare for LGBTQ patients and hormone therapy for transgender and gender non-conforming patients -GYN surgical care including hysterectomy (removal of uterus)</p> |
| <p>GREENVILLE PEDIATRIC SERVICES, INC 300 Bethesda Drive Greenville, NC 27834 252-752-7141 www.greenvillepedsnc.com **LGBTQIAP+ **Safe Zone Trained</p> | <p>-Dr. Thomas Thielen, MD, FAAP**</p> | <p>Ages birth-19</p> | <p>-General pediatric care for ages birth-19 -Specialized training and education in caring for sexually and gender diverse patients</p> |
| <p>JAKOB JENSEN THERAPY 505 Greenville Blvd. SE Greenville, NC 27834 334-610-1731 jakejensen12@gmail.com **LGBTQIAP+ *Safe Zone Trained</p> | <p>-Jakob F. Jensen, PhD, LMFT**</p> | <p>Ages 18-55+ Blue Cross</p> | <p>-Specializes in couple therapy for same-sex couples and individuals of the LGBTQ+ community</p> |

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| <p>INTEGRATED FAMILY SERVICES, PLLC 2269 Stantonsburg Rd Greenville, NC 27834-2841 252-439-0700 http://www.integratedfamilyservices.net <i>**Bilingual Services</i></p> | <ul style="list-style-type: none"> -Anthony J. Manley Rook, MSW, ACSW, LCAS -Natasha C. Holley, LCSW, LCAS, MAC, CCS -Dr. Kim A Reynolds -Dr. Rick Ellis -Dr. Rita-Kay Mabine Davis -Mona Townes, MSW, LCSW, LCAS, CSI, MAC -Roxanne Banks O'Kelley, MSW, LCSW, LCAS, MAC, CTP, CSI -Jessica Barrow, MSW, LCSW, LCAS-A -Kenyada Maye, MSW, LCSW, LCAS-A -Sarah Wheeler, LCSW, LCAS, CSI, CTP, NADD-CC -Tracy Hyde, MSW, LCSW, LCASA -Melissa Davis, LPC -Shontel Spruill, MSW, LCSW -Valentina Burrola, MSW, LCSWA, LCAS -Sherri Langley, MSW, LCSW-A, LCAS-A -Lauren Pearce, MS, LPCA -Donna Cheshire, MSW, CMSW, LCSW -Lydia Hasch, MSW, LCSW-A -Daryl Holloway, MSW, LCSW-A, CSAC-R, NADD-DDP -Donita Smith, MSW, LCSW-A -Cindy Thomas -Christina Danielle Dixon, MA, LPC -Karen Kaminski Esala, MS, MSW, LCSW-A | <ul style="list-style-type: none"> Ages 4-55+ Blue Cross Health Choice Medcost Medicare Medicaid State/Tricare United Hlthcare Other | <ul style="list-style-type: none"> -Cognitive Behavioral Therapy -General Psychiatry -Grief and Loss Therapy -Marriage and Family Counseling -Medication Management -Psychiatry -Family Therapy Gender Identity -Trauma -Group Therapy -Individual Therapy -Physician Services -Intensive In-home Services |
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| <p>JESSICA HOLTON, PLLC 3491 Evans St, STE D Greenville, NC jessica_holton_lcsw@jessicaholton.com https://www.jessicaholton.com/ <i>**Deaf/Hard of Hearing Clients</i> <i>**Telehealth Only</i></p> | <p>-Jessica Holton, MSW, LCSW, LCAS</p> | <p>Ages 13-55+ Aetna Blue Cross Military Ins. Cigna Magellan Tricare State Medcost Medicare OON for UBH</p> | <ul style="list-style-type: none"> -Abuse -Adjustment Disorder -Anger Management -Assertiveness Training -Critical Incident Stress Management -Eating Disorders -Gender Identity Issues -Grief/Loss -LS-Public Speaking -Military Families -Lifestyle Management/Wellness -Grief/Loss -PTSD/Complex Trauma -Relaxation/Mindfulness -Self Esteem Issues -Substance Use Disorder -Teen/College Transition Issues |
| <p>JOANNE KOSTER, PLLC 219 B Commerce St. Greenville, NC 27858 252-714-4324</p> | <p>-Joanne Koster, LCSW</p> | <p>Ages Unknown Blue Cross Blue Shield State Magellan Medcost Medicare MH Network Tricare</p> | <ul style="list-style-type: none"> -Dissociative -EMDR -End of life issues/ advanced care plan -Geriatric Disorders -Grief/Loss -PTSD -Relaxation/Mindfulness -Stress Management |
| <p>KAREN DAVIS, MA, LPA 708 Cromwell Drive, STE B Greenville, NC 27858 252-349-5838 karen_davis@suddenlink.net https://karendavismalpa.com/about</p> | <p>-Karen Davis, MA, LPA</p> | <p>Ages 7-55+ Aetna Blue Cross Blue Shield Medcost</p> | <ul style="list-style-type: none"> -Child and Adolescent Issues -Gender Identity Issues -Grief/Loss -Personality Disorders Self-Esteem Issues -Work Related Issues -Psych/Psychoed Testing -Dialectical Behavioral Therapy -Severe and Persistent MH Concerns -Transitioning Therapy -Divorce |

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| <p>KAREN JENKINS, LCMHC, LCAS, PLLC 708 Cromwell Dr, STE C Greenville, NC 27858 252-327-3239 karen@kwjenkins.com https://www.kwjenkins.com/ **Spanish (conversational), ASL (basic) **LGBTQIAP+</p> | <p>-Karen Jenkins, MS, LCMHC, LPC, LCAS, CRC</p> | <p>Ages 5-55+ Aetna Blue Cross Blue Shield Cigna Medcost</p> | <ul style="list-style-type: none"> -Stress management -depression -anxiety -Professional/Career Stress -addictions -Chronic illness -Interpersonal challenges Career counseling -Communication skills -LGBTQQAI+ -Trauma -Existential concerns -School support and advocacy -Parenting -Rehabilitation/psychosocial adjustments |
| <p>LATINA G WILLIAMS DBA OUTCOMES COUNSELING AND TREATMENT SERVICES 104 W Fire Tower Rd. #B Winterville, NC 28590-9475 252-814-9160 lgwilliams@outcomestreatment.net **LGBTQIAP+</p> | <p>-Latina G. Williams, LCAS, CCS, LCMHC, LCMHCS</p> | <p>Ages 4-55+ Blue Cross Blue Shield Health Choice Medicaid United Healthcare Other</p> | <ul style="list-style-type: none"> -ADD and ADHD -Addiction -Adjustment Disorders -Anger Management Therapy -Anxiety -Bipolar Disorder -Borderline Personality Disorder -Crisis Management -Depression -Eating Disorders -Faith Based Counseling/Services -Gay and Lesbian Issues -Grief and Loss -HIV/AIDS -Marriage and Family Counseling -Outpatient Therapy -PTSD -Sex Offender Therapy -Transgender -Trauma Focused (Abuse - Physical, Sexual, Emotional) -Trauma Focused (Rape) -Women's Issues |

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| <p>LEAH RIDDELL COUNSELING 702 Cromwell Dr. Suite C Greenville, NC 27858 252-220-5896 https://leahriddellcounseling.com/ **LGBTQIAP+ **Safe Zone</p> | <p>-Leah Riddell, MS, NCC, LCMHCA, LCASA</p> | <p>Ages 18+ See website for insurance info</p> | <p>-Depression/anxiety/panic -Phobia -Conduct/behavioral problems -Trauma -Grief -Substance use related concerns -LGBTQIAP+</p> |
| <p>PERI COUNSELING 1310 E Arlington Blvd, STE A Greenville, NC 27858 252-493-6215 sara@pericounseling.com https://www.pericounseling.com</p> | <p>-Sara Culpepper, MS, LPC, LCAS</p> | <p>Ages 12-55+ Aetna Blue Cross Cigna Medcost</p> | <p>-Abuse -Anger Management -Adjustment Disorder -Child & Adolescent Issues -Eating Disorders -Family Issues -Dissociative Disorders -Gender Identity -OCD -Personality Disorders -Psychosis (Psychotic Disorders) -PTSD/Complex Trauma -Substance Use Disorder</p> |
| <p>PRIDE IN NORTH CAROLINA 231 Commerce Street Greenville, NC 27858-5029 252-321-8080 https://www.pridenc.com/</p> | <p>-Multiple providers in this agency</p> | <p>Ages 4-55+ IPRS Medicaid Private Insurance</p> | <p>-Behavioral Therapy -Coping -Day Treatment -Family Therapy -Intensive In-Home Treatment -Psychiatric Care -Psycho-education -Residential Treatment</p> |
| <p>RAINBOW EMBRACE PHYSICAL THERAPY 984-999-0503 rainbowembracept@gmail.com **LGBTQIAP+</p> | <p>-Samantha Hoover, DPT</p> | <p>All ages Call for insurance info</p> | <p>-All ages for pelvic and orthopedic health -Providing healthcare excellence and inclusion to the LGBTQIA+ community with a trauma informed and kink aware approach -Specialize in pelvic and orthopedic physical therapy for teen, non-binary, intersex and genderqueer populations</p> |

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| <p>RECOVERY HOPE WELLNESS CITY 2245 Stantonsburg Rd, STE O&P Greenville, NC 27834-2868 252-321-0578 https://www.trilliumhealthresources.org/forproviders/provider-directory/recovery-hope-wellness-city <i>**Bilingual Services</i></p> | <p>-Multiple providers in this agency</p> | <p>Ages 18-54 Medicare Medicaid State</p> | <ul style="list-style-type: none"> -Cognitive Behavioral Therapy -Gender Identity -Outpatient Therapy -Peer Support -Psychotherapy -Alcohol/Drug Assessment -Assertive Community Treatment Team (ACTT) -Family Therapy -Group Therapy -Individual Therapy -Physician services -Supported Employment- IND |
| <p>ROBIN A. WALL, MS, LPC - PERSONAL WELLNESS COUNSELING 610 Lynndale Ct, STE D Greenville, NC 27858 252-717-4748</p> | <p>-Robin Wall, MS, LPC</p> | <p>Ages 6-55+ Aetna Blue Cross State/Tricare</p> | <ul style="list-style-type: none"> -Abuse -Adjustment Disorder -Eating Disorders -Family Issues -Grief/Loss -Gender Identity Issues -Lifestyle Mgmt/Wellness -OCD -Marriage/Divorce -Relaxation/Mindfulness -Self-Esteem Issues -Sexual/Intimacy Issues -Substance Use Disorder -Teen/College Transitions -Women's Issues |
| <p>SARAH STEIN-WOLF, MA, LCMHC, RPT 1310 E. Arlington Blvd STE A Greenville, NC 27858 252-493-6492 sarahsteinwolf@hushmail.com https://www.sarahsteinwolflpc.com/</p> | <p>-Sarah Stein-Wolf, MA, LCMHC, RPT</p> | <p>Ages 4-12 Some adults Blue Cross Medcost Cigna</p> | <ul style="list-style-type: none"> -Adjustment Disorder -End of life issues/advanced care planning -Gender Identity Issues -Geriatric Disorders -Grief/Loss -Marriage/Divorce -Relaxation/Mindfulness -Self-Esteem Issues -Work Issues |

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| <p>THE FAMILY WELLNESS CENTER, PLLC 1035 C Director Ct. Greenville, NC 27858-5996 252-215-9011 dbell@thefamilywellnesscenter.net https://www.thefamilywellnesscenter.net/</p> | <p>-David Bell, PhD, LMFT, LCAS -Jason Perry, MS, LCMHC -Rebekah Skalhill, MS, LCMHC</p> | <p>Ages 5-55+ Blue Cross Health Choice Medcost Medicare Medicaid State/Tricare United Hlthcare Other</p> | <p>-Anger Management Therapy -Gender Identity -Substance Abuse -Trauma -Career/Vocational Counseling -Cognitive/IQ Psychological Testing -Crisis Management -Grief and Loss Therapy -Marriage and Family Counseling -Outpatient Therapy -Play Therapy, Filial -Psychiatry -Psychological Testing -Family Therapy -Group Therapy</p> |
| <p>TRANSITIONS BEHAVIORIAL HEALTH CARE 1310 E. Arlington Blvd, STE A Greenville, NC 27858 252-321-6306 transitionsbh@yahoo.com</p> | <p>-Brooke Bleu, MS, LCMHC, LCAS, PC</p> | <p>Ages 5-55+ Aetna Beacon/Atlantic Blue Cross State Magellan Medcost United BH</p> | <p>-Abuse -Adjustment Disorder -Dissociative Disorders -Gender Identity -Grief/Loss -Cooperative Parenting -Substance Use -High Conflict Divorce -OCD -Parenting Skills -PTSD -Marriage -Teen/College Transition Issues</p> |

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