

LGBTQ+ YOUTH RESOURCES

FOR TEACHERS AND SCHOOL PERSONNEL



**You
belong
here.**

Disclaimer

This resource list is for general information purposes only and is being provided for your convenience. The list is not intended to be a complete and exhaustive list of community and national resources. The list and information provided herein may not constitute the most up-to-date information. The list and information is provided "as is" and no representations are being made that the content is error-free. Please contact the provider for verification of payment accepted and any services offered. Pitt County SADD and ECU Health do not endorse or guarantee in any way the organizations or resources listed.

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Crisis Numbers

Suicide

Trevor Project Lifeline: 1-866-488-7386

Trevor Project Text: Text START to 678-678

Text to chat: Text HOME to 741741

Trans Lifeline: 1-877-565-8860

The LGBT National Hotline: 1-888-843-4564

National Suicide Prevention Lifeline: 1-800-273-8255

National Suicide Prevention Lifeline: www.suicidepreventionlifeline.org/chat/

Crisis Text Line: www.crisistextline.org

Crisis Text: Text TALK to 741741

REAL Crisis: 252-758-4357

Mental Health and Substance Use

Mobile Crisis/Integrated Family Services: 1-866-437-1821

Integrated Family Services Crisis Chat: www.integratedfamilyservices.net/crisis-chat-service

Trillium Crisis: 1-877-685-2415

NC Crisis Solutions: www.crisissolutionsnc.org

Domestic and Partner Violence

Center for Family Violence Prevention: 252-752-3811

Teachers and School Personnel

Resource Name	Website Link	Overview
Film Trailers: Creating Inclusive Schools Film	https://www.genderspectrum.org/articles/creating-gender-inclusive-schools-film	Creating Gender Inclusive Schools is a concise and complete overview of how teachers can implement gender-inclusive practices.
Video: Educator Stories: Gender Inclusive Spaces	https://www.genderspectrum.org/stories/letitias-story	Teaching a high school health class, Letitia recognizes the vital role she plays in creating a gender-inclusive, safe space for her students. Letitia movingly describes the importance of working with students through their life struggles, not just academics.
Professional Development Resources - Gender	https://www.genderspectrum.org/articles/professional-development-educators	Educators and education professionals can pursue training with Gender Spectrum through two main pathways. In both, we partner with you to implement our Framework for Gender-Inclusive Schools in a manner that is sensitive and responsive to the unique context of your community.
Gender Inclusive Puberty and Health Education	https://www.genderspectrum.org/articles/puberty-and-health-ed	Gender Spectrum's landmark publication "Principles for Gender Inclusive Puberty and Health Education" outlines the first-ever comprehensive approach to gender for puberty health educators.
YRBSS Youth Risk Behavior Surveillance System Data Adolescent and School Health CDC	https://www.cdc.gov/healthyouth/data/yrbss/index.htm	The Youth Risk Behavior Surveillance System (YRBSS) monitors six categories of health-related behaviors that contribute to the leading causes of death and disability among youth and adults.
Handout: What Do You Say to "That's So Gay"?	https://d3n8a8pro7vhmx.cloudfront.net/themes/51e1be8f9670a42080000002/attachments/original/1377636647/6_What_Do_You_Say_to_%27Thats_so_Gay%27_Handout.pdf?1377636647	A guide highlighting how to respond to negative comments/conversations around LGBTQ people.

How to Talk to School Staff and Parents About Gender Identity	https://rossieronline.usc.edu/blog/talking-about-students-and-gender/	School counselors wear many hats and play a multitude of roles in the academic, social and emotional growth of their students. One of their roles can be to help dispel myths and misconceptions about student experiences; this is especially pertinent in conversations surrounding a student's gender identity.
Educator Action Steps and Resources to Create Gender Inclusive Classrooms	https://rossieronline.usc.edu/blog/creating-gender-inclusive-classrooms/	All students benefit from creating a welcoming and inclusive environment that celebrates all student differences, including gender.
How To Talk to Your Students About Gender Identity	https://trans-cafe.squarespace.com/posts/2016/8/8/how-to-talk-to-your-students-about-gender-identity	The need to talk about gender identity in the classroom is an opportunity, not a liability. Opening up the conversation is important for everyone, so here are our three guidelines to help start the dialogue.
Classroom Resources: Learning Plans	https://www.learningforjustice.org/classroom-resources/learning-plans?keyword=Gender&field_topic%5B6%5D=6	Public learning plans to address topics of gender, sexual identity and social justice.
Teaching About Gender Identity	https://educators4sc.org/topic-guides/teaching-about-gender-identity/	Lesson plans, articles, and informational sites to assist in learning about gender identity and the gender spectrum.
Terminology: Sex, Sexual Orientation, Gender Identity and Gender Expression	https://www.learningforjustice.org/magazine/summer-2015/sex-sexual-orientation-gender-identity-gender-expression	Sex? Sexual Orientation? Gender Identity? Gender Expression? Knowing the difference can make all the difference to students who do not conform to binary norms.
The Gender Spectrum	https://www.learningforjustice.org/magazine/summer-2013/the-gender-spectrum	The Gender Spectrum, move beyond the pink/blue binary to support students who don't conform to narrow gender norms.
Professional Development Webinar: Let's Talk! Discussing Gender in the Classroom	https://www.learningforjustice.org/professional-development/webinars/lets-talk-gender	This series covers a range of critical topics that can be difficult to discuss with students and colleagues. For this third part in the series, Learning for Justice and Gender Spectrum are teaming up to help educators think beyond the gender binary and to create gender-

		inclusive classrooms. This interactive webinar will examine thought-provoking case studies and explore best practices.
LGBTQ+ Bullying: Making Schools Safe for LGBTQ+ Community	https://www.stompoutbullying.org/lgbtq-bullying	Schools should be a young person's primary center for learning, growing, and building a foundation for success in the world. High school can be challenging for any student, but LGBTQ+ youth face additional obstacles of harassment, abuse, and violence.
Safe and Supportive Schools Project	https://www.apa.org/pi/lgbt/programs/safe-supportive	The Safe and Supportive Schools Project partners with five professional organizations to promote the leadership of school-based counselors, nurses, psychologists and social workers in establishing safe and supportive schools environments for all students and staff.
American Psychological Association: Gender and sexual orientation diversity in children and adolescents in schools	https://www.apa.org/pi/lgbt/resources/diversity-schools?item=1	In August 2014, APA's Council of Representatives adopted the Resolution on Gender and Sexual Orientation Diversity in Children and Adolescents in Schools. The resolution calls for K-12 public schools to be places of safety and support for all students, and offers recommendations for policies, programs, training, and practices.
PDF: Safe Space Kit A Guide to Supporting Lesbian, Gay, Bisexual and Transgender Students in Your School	https://www.glsen.org/sites/default/files/GLSEN%20Safe%20Space%20Kit.pdf	A Guide to Supporting Lesbian, Gay, Bisexual and Transgender Students in Your School
American Psychological Association - Sexual Orientation and Gender Identity	https://www.apa.org/topics/lgbtq/sexual-orientation	This pamphlet is designed to provide accurate information for those who want to better understand sexual orientation and the impact of prejudice and discrimination on those who identify as lesbian, gay, or bisexual. The brochure is also available in Russian and Spanish.

Youth Pride Association - Supporting LGBTQ students in educational settings Nonprofit	https://www.ypapride.org/?gclid=CjwKCAjwloCSBhAeEiwA3hVo_UJosWtLxVY6fyQY9Bv0zS0GPBGnn9BC9bq0zfyOBcOD6ERI0b2ZtxoCbEcQAvD_BwE	The Youth Pride Association is a 501(c)3 nonprofit organization with the mission to promote and foster the acceptance of Lesbian, Gay, Bisexual, Transgender, and Queer (LGBTQ) people in educational institutions. We work to address the alarming and substantial adversities LGBTQ youth face in schools.
Pandemic Resources: Supporting LGBTQ youth during pandemic PDF	https://www.safeschoolsnc.org/uploads/1/1/3/3/113348087/supporting_lgbtq_youth_during_the_pandemic_2.pdf	Information, Tips and Resources for Educators compiled by Safe Schools NC
SAMHSA - Practitioner's resource Guide: Helping Families to Support Their LGBT Children	https://store.samhsa.gov/sites/default/files/d7/priv/pep14-lgbtkids.pdf	This resource guide was developed and is being disseminated throughout health and social service systems to help practitioners who work in a wide range of settings to understand the critical role of family acceptance and rejection in contributing to the health and well-being of adolescents who identify as lesbian, gay, bisexual, and transgender
5 Things You Can Do to Support Your LGBTQ Students	https://www.wgu.edu/heyteach/article/5-things-you-can-do-support-your-lgbtq-students1809.html	American Federation of Teachers (AFT) notes , "public schools often lead the way for the broader society in modeling inclusiveness and pluralism." Here are some steps teachers can take to ensure LGBTQ students feel safe, welcome, and included in their classrooms.
How Can Educators Support LGBTQ students in K-12	https://education.fsu.edu/how-can-educators-support-lgbtq-students-k-12	As educators who love and support our students, we need to ask ourselves what we can do to build safer classrooms and schools to better support LGBTQ+ students. Included are some suggestions.
LGBTQ & Allies Find Helpful Handouts LGBTRC UC Riverside	https://out.ucr.edu/resources/helpful-handouts	Whether you are looking for LGBT-related classroom materials or handy reference sheets for personal use, we have several helpful handouts (pdf format) you are free to print and use.
Key Concepts for Understanding LGBT Identity Development	https://students673.ucr.edu/docserver/gbt/lgbt_identity_development_theory.pdf	Key concepts and terminology.

<p>Providing Services and Supports for Youth who are LGBTQIA+ or Two-Spirit</p>	<p>https://www.samhsa.gov/sites/default/files/lgbtqi2-s-practice-brief.pdf</p>	<p>This Practice Brief is for policymakers, administrators, and providers seeking to learn more about (1) youth who are lesbian, gay, bisexual, transgender, questioning, intersex, or two-spirit (LGBTQI2-S) and (2) how to develop culturally and linguistically competent programs and services to meet their needs and preferences.</p>
<p>A Guide for Understanding, Supporting, and Affirming LGBTQI2-S Children, Youth, and Families</p>	<p>https://www.air.org/sites/default/files/A_Guide_for_Understanding_Supporting_and_Affirming_LGBTQI2-S_Children_Youth_and_Families.pdf</p>	<p>This resource provides general information for service providers, educators, allies, and community members who seek to support the health and well-being of children and youth who are lesbian, gay, bisexual, transgender, questioning, intersex, and/or two-spirit (LGBTQI2-S) and their families. This guide will help to promote full and affirming inclusion of diverse LGBTQI2-S youth and families in all aspects of systems of care.</p>
<p>Forming Safe Spaces for LGBTQ Students in School</p>	<p>https://knowlesteachers.org/blog/forming-safe-space-lgbtq-students-school?gclid=CjwKCAjw9e6SBhB2EiwA5myr9nDL7VzZ1dXvnOSx96B_bzcFko9gWUh9SnYbrlGgBkSP-1UGYRGXqBoCQsgQAvD_BwE</p>	<p>In this blog post, 2016 Knowles Teaching Fellow Anthony Tedaldi shares some of the steps he's taken to make his classroom and school a safe space for LGBTQ students.</p>
<p>BEST PRACTICES FOR SERVING LGBTQ STUDENTS</p>	<p>https://www.learningforjustice.org/sites/default/files/2018-09/TT-LGBTQ-Best-Practices-Guide.pdf</p>	<p>The journey toward an LGBTQ-inclusive school climate begins with simple steps recommended in each of the four key areas of this guide:</p>
<p>The One Thing Queer Kids—and All of Us—Need Most</p>	<p>https://freespiritpublishingblog.com/2019/06/18/the-one-thing-queer-kids-and-all-of-us-need-most/</p>	<p>One of the most important ways we can support LGBTQ young people is by doing something that benefits all young people: foster their self-esteem.</p>
<p>Front Matter Reducing Inequalities Between Lesbian, Gay, Bisexual, Transgender, and Queer Adolescents and</p>	<p>https://nap.nationalacademies.org/read/26383/chapter/1</p>	<p>To better understand the inequalities facing lesbian, gay, bisexual, transgender, and queer (LGBTQ) youth and the promising interventions being used to address</p>

Cisgender, Heterosexual Adolescents: Proceedings of a Workshop		these inequalities, the National Academies of Sciences, Engineering, and Medicine's Board on Children, Youth, and Families hosted a virtual public workshop titled Reducing Inequalities Between LGBTQ Adolescents and Cisgender, Heterosexual Adolescents, which convened on August 25–27, 2021.
Supporting Your Transgender Students: 6 Tips For Teachers And Administrators From A Trans Student	https://trans-cafe.squarespace.com/posts/2016/11/7/supporting-your-transgender-students-6-tips-for-teachers-and-administrators-from-a-trans-student	Following these tips is a great first step to create a supportive environment for all of your students
6 th Grade – Understanding Boundaries Lesson Plan	https://www.advocatesforyouth.org/wp-content/uploads/2021/08/6-Lesson-3-3Rs-UnderstandingBoundaries.pdf	Define what a boundary is, with an emphasis on personal boundaries. Demonstrate how to be clear about one’s own and show respect for others’ boundaries. Demonstrate an understanding that no one has the right to violate someone else’s boundaries, and that doing so may be against the law. Name at least one resource to whom they can report sexual assault or rape.
1st Grade Lesson Plan: My Body Is My Body	https://www.advocatesforyouth.org/wp-content/uploads/2021/08/3Rs_Grade1_MyBodyIsMyBody_2021.pdf	Students will be able to: 1. Define “sexual abuse” .Name at least three behaviors that could be considered sexual abuse that they would want to bring to a trusted adult’s attention 3. Identify at least one trusted adult they can go to with questions or concerns about sexual abuse 4. Demonstrate ways to start a conversation when seeking help from a trusted adult about sexual abuse.
3rd Grade Lesson Plan: Consent	https://www.advocatesforyouth.org/wp-content/uploads/2021/08/3Rs_Grade3_Consent_2021.pdf	By the end of this lesson, students will be able to: 1. Explain the terms “consent,” “personal boundary” and “bodily autonomy” and how they relate to each other 2. Demonstrate how to communicate clearly about their personal boundaries. 3. Demonstrate how to be sure to respect another person’s boundaries

<p>Kindergarten Lesson Plan: My Space Your Space</p>	<p>https://www.advocatesforyouth.org/wp-content/uploads/3rscurric/documents/0K-Lesson-3-3Rs-MySpaceYourSpace.pdf</p>	<p>By the end of this lesson, students will be able to: 1. Name at least 2 ways of being touched that are okay with them. 2. List at least 2 ways of being touched that they do not like. [Knowledge, Affect] 3. Explain that they have the right to determine whether and how they are touched. [Knowledge] 4. Demonstrate an understanding of how to respond effectively when someone touches them in a way with which they do not feel comfortable.</p>
<p>8th grade lesson plan: 3 R's Warning Signs</p>	<p>https://www.advocatesforyouth.org/wp-content/uploads/2018/10/8-Lesson-7-3Rs-WarningSigns-1-1-1.pdf</p>	<p>Students will be able to: Name at least two different types of sexual assault. List at least one example of each of the following: mutual consent, unfair manipulation, threats and aggression. Demonstrate and understanding of how to report a sexual assault or abuse.</p>
<p>11th Grade Lesson Plan: My Boundaries</p>	<p>https://www.advocatesforyouth.org/wp-content/uploads/3rscurric/documents/11-Lesson-2-3Rs-MyBoundaries.pdf</p>	<p>LEARNING OBJECTIVES: By the end of this lesson, students will be able to: 1. Define what a boundary is. [Knowledge] 2. Explain at least two examples of types of boundaries. [Knowledge] 3. Clarify what their own boundaries are in relation to physical touch. [Affect] 4. Demonstrate an understanding for the need to communicate about boundaries in a romantic or sexual relationship. [Knowledge]</p>
<p>The Circles of Human Sexuality A Lesson Plan from Life Planning</p>	<p>http://youthtoday.org/wpcontent/uploads/sites/13/2015/12/03_HLTH_SRhHr_Resources_The-Circles-of-Human-Sexuality-Lesson.pdf</p>	<p>A Lesson Plan from Life Planning Education: A Youth Development Program Purpose: To develop and understand a broad definition of sexuality</p>

Mental Health

Resource Name	Website Link	Overview
LGBTQI NAMI: National Alliance on Mental Illness	https://www.nami.org/Your-Journey/Identity-and-Cultural-Dimensions/LGBTQI	Confronting barriers <i>and</i> mental health symptoms with an LGBTQI-inclusive mental health provider can lead to better outcomes, and ultimately recovery.
Virtual Resources to Support LGBTQ Mental Health	https://equalityncfoundation.org/virtual_resources_to_support_lgbtq_mental_health/	While North Carolina schools and campuses are facilitating virtual and hybrid learning spaces, LGBTQ youth are experiencing further isolation from their peers without access to LGBTQ-specific social groups including genders and sexualities alliances (GSAs). This resource is a guide for LGBTQ youth and supportive allies to best support mental health needs during distance learning and social distancing.
Myths That Stigmatize LGBTQ People - Strong Family Alliance	https://www.strongfamilyalliance.org/parent-guide/essential-info/myths-that-stigmatize-lgbtq-people/	Negative ideas about LGBTQ individuals are often rooted in myths, stereotypes, and misinformation. Consider how your views might have been shaped by the myths discussed.
OUTreach Trillium Health Resources	https://www.trilliumhealthresources.org/outreach	Trillium developed Project OUTreach to share the research and tools available with our stakeholders, providers, faith-based organizations, and more. We work with North Carolina Families United to help educate our communities with the skills needed to address the specific health concerns of and abuse toward LGBTQ+ youth.
How to Protect LGBTQ Youth From the Risks	https://drugfree.org/how-to-protect-lgbtq-youth-from-the-risks-and-harm-of-substance-use/	Showing your love, acceptance and support is essential to promoting your child's well-being.

and Harms of Substance Use		This behavior can significantly decrease an LGBTQ+ teen's likelihood of substance use and improve their mental health.
LGBTQIA+ Friendly Drug Rehab Facilities	https://drugrehabus.org/rehabs/treatment/lgbtqa/	Locate drug rehab facilities that provide LGBTQIA+ clients with an inclusive and accepting place for addiction recovery through evidence-based treatment for substance abuse, sexual health and mental health.
LGBTQ Youth Depression SAVE	https://save.org/product/lgbtq-youth-depression/	Information about depression and suicide specific to the LGBTQ community as well as symptoms of depression and warning signs of suicide.
Helping Diverse Families - LGBTQ Equity	https://lgbtqequity.org/wp-content/uploads/2021/11/FAP-Overview_Helping-Diverse-Families.pdf	The Family Acceptance Project® (FAP) is a research, education, intervention and policy initiative to help diverse families learn to support their lesbian, gay, bisexual, transgender and queer-identified (LGBTQ) children to prevent health and mental health risks and promote well-being.
Psychiatric Resources - TFCBT FAP	https://lgbtqequity.org/wp-content/uploads/2021/09/TF-CBT-FAP_Psychiatric-Times.pdf	FAP has developed a series of research-based education materials to help parents understand the importance of family support, to guide behavioral change, and to educate extended family members as well as cultural and religious leaders.
Social and Emotional Wellness Initiative	https://www.sewi.org/lgbtq?gclid=Cj0KCQjwhL KUBhDiARIsAMaTLnFxvdZE3c_z-jk0tiGhyAPG8qxQnSqwbqwrV3DLcjsN6irj6VfwYyYaAnGWEALw_wcB	The Social & Emotional Wellness Initiative (SEWI) is a three-prong organization which strives to better the lives of the youth we serve, along with their families, their social & emotional wellness.

National Queer and Trans Therapists of Color Network	https://nqttcn.com/en/	The National Queer and Trans Therapists of Color Network (NQTTCN) is a healing justice organization committed to transforming mental health for queer and trans people of color (QTPoC). We work at the intersection of movements for social justice and the field of mental health to integrate healing justice into both of these spaces. Our overall goal is to increase access to healing justice resources for QTPoC.
LGBTQ Youth Resources	https://www.apa.org/pi/lgbt/programs/safe-supportive/lgbt	This webpage provides fact sheets, best practices and other resources for supporting lesbian, gay, bisexual, transgender and questioning youth.
Mental Health Resources in the LGBTQ Community - Human Rights Campaign	https://www.hrc.org/resources/mental-health-resources-in-the-lgbtq-community	Compiled resources for LGBTQ+ mental health and wellness.
QTBIPOC Mental Health and Well-Being	https://www.hrc.org/resources/qtbi poc-mental-health-and-well-being	Compiled resources for QTBIPOC mental health and wellness.
Questions to Help QTBIPOC Find Affirming Mental Health Providers	https://assets2.hrc.org/files/assets/resources/BIPOC_Inclusive_Therapist_Questions_073020.pdf?_ga=2.67166098.2013463255.1654544970-1563611569.1654544970	Compiled tips in the form of questions that you can ask that may help with selecting a therapist. Think of it as a therapist interview. Our hope is that asking these questions can eliminate potential stress and even save you time and money from unsuccessful therapist matches.
16 Mental Health Resources to Support the LGBTQ+ Community	https://www.verywellmind.com/16-mental-health-resources-to-support-the-lgbtq-community-5188200	Compiled resources for LGBTQ+ mental health and wellness.

True Colors United	https://truecolorsunited.org/	True Colors United implements innovative solutions to youth homelessness that focus on the unique experiences of LGBTQ young people.
Pride Institute	https://pride-institute.com/	Pride Institute offers inclusive and accepting recovery programs for members of the LGBTQ+ community.
Pride Counseling - Professional Therapy for LGBTQ Community	https://www.pridecounseling.com/	By providing online therapy to the LGBTQ community, we make help accessible and accepting of everyone. We provide a platform for people to get the help they need discreetly, affordably, and conveniently.

BIPOC Resources

Resource Name	Website Link	Overview
7 Things Everyone Needs to Know About Being a Trans Minority	https://trans-cafe.squarespace.com/posts/2016/11/17/7-things-everyone-needs-to-know-about-being-trans-a-minority-1	An editorial written by a 22 year old trans-masculine student.
The Impact of Racism and Inequality on Sexual Health	https://www.advocatesforyouth.org/wp-content/uploads/2021/08/3Rs_ImpactofRacismInequalityOnSexualHealth_HighSchool_FINAL-1.pdf	By examining and discussing the impact of racism and inequality, educators can provide opportunities for awareness and advocacy that may encourage systematic change and lead to a more equitable society
Communities of Color - Human Rights Campaign	https://www.hrc.org/resources/communities-of-color	LGBTQ+ people of color, similar to their broader LGBTQ+ community, experience alarmingly high rates of mental health challenges. It disrupts their daily lives and can be life-threatening, especially for children...
Black and African American LGBTQ Youth Report -	https://www.hrc.org/resources/black-and-african-american-lgbtq-youth-report	Data collected from Black LGBTQ+ youth, shedding light on their challenges and

		triumphs encountered while navigating multiple, intersecting identities.
Black & LGBTQ: Approaching Intersectional Conversations	https://www.thetrevorproject.org/resources/guide/black-lgbtq-approaching-intersectional-conversations/	Approaches for before, during, and after a difficult conversation to make sure the dialogue – and your mental health – stays safe.
'Bibi' Lesson 2: Intersectionality	https://www.learningforjustice.org/classroom-resources/lessons/bibi-lesson-2-intersectionality-in-bibi-6-8	Lesson plan that explains intersectionality and how it relates to privilege and oppression.
Supporting Black LGBTQ Youth Mental Health	https://www.thetrevorproject.org/resources/guide/supporting-black-lgbtq-youth-mental-health/	Under the minority stress model, experiences of discrimination, rejection, threats, and violence are compounded, and can lead to negative mental health outcomes.
Learning Resources — LGBTQIA+ People of Color	https://www.lgbtqihealtheducation.org/resources/in/lgbtqi-a-people-of-color/	Compiled learning resources for LGBTQIA+ People of color.
Coming Out Resources for African Americans	http://assets2.hrc.org/files/assets/resources/ComingOutForAAJune2014.pdf	Coming out to family is often one of the most difficult experiences for an LGBT person. And for African Americans, it may be particularly challenging, this guide offers information to assist.
Queer People of Color Heroes	https://students673.ucr.edu/docserver/lgbt/queer_people_of_color_heroes_posters.pdf	An informational collection of prominent queer people of color.
Resources for API Families PFLAG	https://pflag.org/blog/resourcesapifamilies	Asian parents voice unconditional love and support for their LGBT children. These short, beautiful videos of Asian American, South Asian, and Southeast Asian parents who love their LGBT kids aim to help diversify the faces of parents who have LGBT kids and to promote understanding and acceptance in the API community.

Supporting LGBTQ Youth of Color	https://www.glsen.org/lgbtq-youth-color	Collection of research reports exploring the experiences of AAPI, Black, Latinx, and Native & Indigenous LGBTQ youth. Also, blogs from students, educators, and advocates highlighting how to support this population of students.
A Map of Gender Diverse Cultures	https://www.pbs.org/independentlens/content/two-spirits_map-html/	Worldwide, the sheer variety of gender expression is almost limitless. Take a tour and learn how other cultures see gender diversity.

Neurodivergent Resources

Resource Name	Website Link	Overview
Dating Decision Tree The Birds and The Bees	https://asdsexed.org/2021/05/15/dating-decision-tree/	Making decisions about dating can be tough, especially if you don't really know what types of decisions to make. This graphic can be used to help steer the conversation about dating and how to make healthy decisions.
My Curriculum The Birds and The Bees	https://asdsexed.org/category/curriculum/my-curriculum-free/	Teaching human sexuality to individuals on the autism spectrum and with developmental disabilities
Why Neuro-divergence is also an LGBTQ+ topic	https://outleadership.com/insights/why-neurodivergence-is-also-an-lgbtq-topic/	The objective of our discussion was to explore the intersection of LGBTQ+ and neuro-divergence and what more can be done to address the topic in corporate culture with voices that identify as neuro-divergent.
Ambitious About Autism	https://www.ambitiousaboutautism.org.uk/what-we-do/awareness/inclusion/lgbtq	To support autistic young people in understanding themselves and others, we have worked closely with LGBTQ+ autistic young people to produce articles and visual stories, based on their own experiences.

Something to Talk About Live: LGBTQ+ Identities and Neurodiversity	https://pflag.org/blog/something-talk-about-live-lgbtq-identities-and-neurodiversity	Discussion on LGBTQ+ Identities and Neurodiversity
Gendervague: At the Intersection of Autistic and Trans Experiences	https://www.aane.org/gendervague-intersection-autistic-trans-experiences/	Editorial with the lived experience of a gender vague, autistic, trans person.
LGBTQ & Intellectual Disability	https://yournacm.com/file_download/inline/9beb6733-12ba-44d2-a776-fe7ac4a286bb	Resource that describes therapeutic interventions for supporting individuals that have an intellectual disability and identify as a sexual minority (LGBTQ). State evidence-based practices related to supporting individuals that have an intellectual disability and identify as a sexual minority.
Gay and on the Autism Spectrum: My Experience	https://www.respectability.org/2018/06/ericascherlgbtq/	Blog with personal narrative of one person's experience of being closeted, gay and on the autism spectrum.
Neurodiversity & Gender-Diverse Youth; An Affirming Approach to Care	https://www.lgbtqihealtheducation.org/wp-content/uploads/2020/08/Neurodiversity-and-Gender-Diverse-Youth_An-Affirming-Approach-to-Care_2020.pdf	Increasingly, clinicians and researchers are seeing a correlation between gender diversity and neurodiversity among adolescents and young adults. To support, providers can offer an affirming clinical approach that validates the patient.
How to Support a Young Person with ADHD as They Explore Gender	https://www.additudemag.com/webinar/lgbtq-transgender-adhd-gender-diversity-podcast-350/	In this webinar, discuss the fundamentals of understanding gender diversity and how ADHD affects the journey.
The Double Minority Effect: The Struggles of Identifying as Autistic and LGBTQIA+	https://opendoorstherapy.com/the-double-minority-effect-identifying-as-autistic-and-lgbtq/	A common misconception surrounding autism is that neurodivergent individuals are unable to express love and intimacy. This assumption is dangerous because it's simply not true. When this is assumed, parents and professionals interacting with autistic individuals may ignore

		important conversations about intimacy, gender, and sexuality.
Celebrating and Supporting LGBTQ+ People with Intellectual and Developmental Disabilities	https://acl.gov/news-and-events/acl-blog/celebrating-and-supporting-lgbtq-people-intellectual-and-developmental	It is an opportunity to recognize the challenges to equity and inclusion that are still faced by many in the LGBTQ+ community, which can be even greater for LGBTQ+ people of color and LGBTQ+ people with disabilities.

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Be an ally. Save a life.